

Anglo Catholic Private Confession Directly to God

May this time be used for personal confession to God, receiving His infinite pardon, and renewing our heart.

¶ Opening Invocation

The penitent may say:

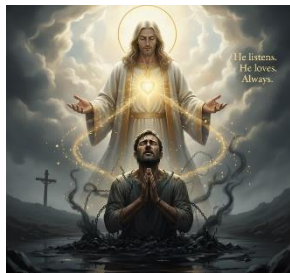
O Lord, make speed to save me;
O Lord, make haste to help me.

¶ Reflection and Confession of Sins

A moment of silence to reflect on your life before God. Reflect on your thoughts, words, actions, and failings, remembering that you are confessing to your loving Father in heaven

Merciful Father, I confess that I have sinned against you in thought, word, and deed, by what I have done, and by what I have left undone.

Pause and confess your specific sins aloud or in your heart...don't hold back, God, your Dad already knows...



¶ The Assurance of Infinite Forgiveness

Read these Scriptures, trusting in God's boundless mercy.

Jesus said: "I tell you, not seven times, but seventy-seven times." (Matthew 18:22) – this verse is detailing how many times God will forgive someone for their sin meaning endless forgiveness.

If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness. (1 John 1:9)

Or this...

If you declare with your mouth, "Jesus is Lord," and believe in your heart that God raised him from the dead, you will be saved... for, "Everyone who calls on the name of the Lord will be saved." (Romans 10:9, 13)

Silence is kept.

¶ The Agnus Dei

The penitent says an amended version of the Agnus Dei – Lamb of God;

**Lamb of God, you take away the sin of the world, have mercy on me;
Lamb of God, you take away the sin of the world, have mercy on me;
Lamb of God, you take away the sin of the world, Grant me peace.**

Act of Contrition

The Tax Collector's Prayer

Reflect on the humility of the tax collector, and make his prayer your own;

Jesus said the Publican went down to his house justified, for he simply prayed:
"God, have mercy on me, a sinner." (Luke 18:13, adapted)

The Declaration of Forgiveness (A Lay Person's Prayer)

The Collect for the 21st Sunday after Trinity - a prayer for pardon and peace (amended for personal use);

Grant, I beseech thee, merciful Lord, to thy faithful people pardon and peace, that I may be cleansed from all my sins, and serve thee with a quiet mind; through Jesus Christ our Lord. Amen.

Silence is kept.

¶ God as Abba, Father

This reminds us we are confessing to a loving Father.

Because you are his sons and daughters, God sent the Spirit of his Son into our hearts, the Spirit who cries out, "Abba, Father." So you are no longer a slave, but God's child; and since you are his child, God has made you also an heir. (Galatians 4:6-7, adapted)

Prayer to Our Lady of Walsingham

Speak to our Mum; Mary for her help;

O Blessed Mary, Mother of God, Our Lady of Walsingham, intercede for us. Amen.

¶ Final Supplication (The Litany)

This is from the Common Worship Material from the Litany

Give me true repentance; forgive me my sins of negligence and ignorance and my deliberate sins; and grant me the grace of your Holy Spirit to amend my life according to your holy word. Holy God, holy and strong, holy and immortal, have mercy upon me.

¶ Affirmation of Love and Forgiveness

And so I know and rely on the love God has for me. (1 John 4:16, adapted)
I am loved, I am forgiven. Thanks be to God.

Silence is kept.

Here endeth the liturgy.

Note for Pastoral Care Use:

This liturgy is designed primarily for personal use. If used when ministering to a friend (lay-to-lay), adapt the "I" statements to "you" or "we" as appropriate. The absolution in Section VI is a prayer for pardon and peace, not a sacramental declaration of forgiveness by a priest. Always affirm God's promise to forgive all who truly repent.